

# Sport

**Course Type:** BTEC Level 3

**Exam Board:** Edexcel

**Course Entry Requirements:** Standard

## Why Study Sport?

The Sport and Leisure industry is one of the fastest growing industries in the world, fed by an expansion of people's leisure time and spending. In the UK, Sport and Leisure accounts for nearly 30% of total consumer spending. This qualification gives you the opportunity to gain insight into this exciting and developing industry and gives you a broad basis of study for the sport sector.

## What Will I Study? Course Content

You will study a variety of units including;

- Anatomy & Physiology
- Fitness Training & Programming for Health, Sport & Well-Being
- Professional Development in the Sports Industry
- Sport Injury Management
- Sports Leadership

## How is the BTEC Level 3 assessed?

There is a combination of external assessment-written exams and tasks, and internal assessment of coursework by teaching staff.